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# Psychological Management Of Chronic Headaches



## Synopsis

University of Western Australia, Nedlands. Treatment Manuals for Practitioners Series. Text for psychologists on the management of benign recurring headaches (migraine, tension, and combined headaches) using psychological techniques such as behavioral modification and biofeedback.

## Book Information

Series: Treatment Manuals for Practitioners

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I have found this book significantly informative and helpful in my work. I love it. The book had been recommended to me by a colleague. I'm glad I got it.

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